**COMMITTIMENT TO PARENTS and PARTICIPANTS of GIRLS INC. OF NORTHERN ALBERTA**

**We, Girls Inc. of Northern Alberta, Commit to adhere to the following:**

1. Follow [Sector Guidance](https://www.alberta.ca/guidance-documents.aspx) (Out of School Care and Outdoor Fitness Classes) by the Government of Alberta and orders by current Chief Medical Officer of Health, including:
   1. Implementing practices to minimize the risk of transmission of infection among attendees;
   2. Providing procedures for rapid response if an attendee develops symptoms of illness;
   3. Ensuring that attendees maintain high levels of sanitation and personal hygiene before, during and after programming;
   4. Comply, to the extent possible, with the COVID-19 General Relaunch Guidance any other applicable Alberta Health Services guidance found at: <https://www.alberta.ca/biz-connect.aspx>.; and
   5. Continue to actively monitor Alberta Health Services guidelines and adjust our commitment accordingly when new guidance or directives are made available.
2. Maintain a maximum of 30 individuals per session (including staff and participants)
3. Comply with daily general health screenings for all staff using “Screening Questionnaire” (see Appendix B) before every shift and ensure staff will not to report to work if any of the answers to the questionnaire are answered ‘yes’
   1. Anyone with symptoms of COVID-19 or who has travelled internationally or been in close contact with a confirmed or probable case of COVID-19 in the past 14 days will not be permitted to attend our facility or programming and shall take steps to self-isolate until the required 14 days has passed or said individual is able to produce negative COVID-19 test results.
4. Conduct the same Screening Questionnaire as seen at Appendix B for each participant and record the data upon signing-in/dropping-off[[1]](#footnote-1)
5. Make every possible effort to maintain 2m of physical distance amongst the participants by;
   1. frequently reminding participants and staff of appropriate 2m distancing requirement and where possible set visible markers on the floor or otherwise to reinforce same;
   2. hand washing; and
   3. other personal hygiene habits such as cough or sneezing in their arm.
6. Wear non-medical masks during programing and disinfect/wash hands before and after each program.
7. Have hand sanitizer (with at least 60% alcohol) and disposable non-medical masks on site readily accessible to all participants and ensure to sanitize each participant’s hands before and after programing[[2]](#footnote-2)
8. Clean and disinfect the program facility/program equipment before and after program.
9. Allow sufficient time for participants to sign-in and sign-out to ensure that the safe physical distance protocols are maintained while cleaning/disinfecting any required areas/items
10. Prohibit the sharing of food, snacks and/or beverages between participants and staff
11. Close programing for a minimum of 72 hours if any participant, staff member and/ or volunteer is connected to a confirmed or probable case of COVID-19 and adhere to recommendations from Alberta Health Services
12. Avoid activities that require clustering around a particular item or area. Avoid where possible cheering, singing, hand shaking, high-fives etc.
13. Require any staff who tests positive to quarantine at home for a minimum of 14 days and follow recommendations from Alberta Health Services
    1. To support public health contact tracing efforts, we will maintain lists of the names and contact information of all onsite Girls Inc. staff and volunteers
14. Clean and sanitize the office daily
15. Immediately isolate any child(ren) who display symptoms of COVID-19 and contact their parent/guardian within 30 minutes.
    1. Require hand hygiene and masking of the symptomatic individual
    2. Cleaning and disinfecting all surfaces that the symptomatic individual may have contacted
    3. Ensure safe transport of the symptomatic individual to the respective household for isolation
    4. Call 911 immediately, should the symptoms become severe such as difficulty breathing

1. Touchless thermometer will be used. Data will be collected and kept on file for 2-weeks as per guideline. The data will be destroyed after the specified time-period. [↑](#footnote-ref-1)
2. Program staff will closely supervise participants when using alcohol-based hand sanitizer and follow manufacture instructions. [↑](#footnote-ref-2)